

Health foods

Health foods refer to food products which claim to have specific health functions or to supplement one's health with vitamins or minerals.

Health foods that use the ingredients from the health food ingredients catalogue or health foods that are imported for the first time are required to register with the CFDA.

First time import of health foods that classified as nutritional supplement, such as vitamin supplements or mineral supplements, shall complete filing record with the CFDA

Other health foods, before launching into the Chinese market, shall complete filing record with local CFDA.

Penalty

According to Food Safety Law, if violates, there is a fine of above 10 times less than 20 times of the value of the goods.

Administrative department

China Food and Drug Administration (CFDA)

Relevant regulations

· Administrative measures of health food registration and filing

REACH24H Service

Free Regulatory Consultation

Communication via email, phone or face to face communication
Main content:

- 1) Regulatory Framework for health food products
- 2) Registration Procedure for health food products
- 3) Develop Registration strategy for your health food product
- 4) Customized consultation based on client's product

Filing for domestic health foods

Objective: To successfully help you file your nutrient supplements in order to gain market access into China Main content:

- 1)Feasibility assessment of health food filing
- 2) Preparation of filing materials
- 3) Filing materials reviewed by experts
- 4)Submit filing materials to get a filing number

Filing for imported nutritional supplement

Objective: To achieve China market approval for imported nutritional supplements

Main content:

- 1)Feasibility assessment of health food filing
- 2) Preparation of filing materials
- 3) Filing materials reviewed by experts
- 4)Submit filing materials to get a filing number

Health food registration (for both imported and domestic)

Objective: To achieve China market approval for health foods

Main content:

- 1)Pre-evaluation of health food registration: costs, timeline and feasibility
- 2) Dossier preparation of health food registration
- 3) Test monitoring for health food registration
- 4)Communication with assessment experts and authorities